Anti-Inflammatory Chai

Ingredients:

- 1 Scoop Dynamic Inflam-Eze Spiced Chai
- 1 Scoop NutriDyn Fruits & Greens Espresso
- 1/4 Tsp UltraBiotic Daily Powder
- 1 Drop Micellized D3
- 1 Small Banana
- 5 oz Plant Based Milk
- 5 oz Water
- Ice Cubes
- optional: Pinch of Cinnamon

Berry Restore

Ingredients:

- 1 Scoop Dynamic GI Restore Vanilla
- 1 Scoop NutriDyn Fruits & Greens Berry
- 1/4 Tsp UltraBiotic Daily Powder
- 1 Drop Micellized D3
- 1/2 Cup Frozen Strawberries
- 1 Small Banana
- 5 oz Plant Based Milk
- 5 oz Water
- Ice Cubes

Brain Restore Shake

Ingredients:

- 1 Scoop Dynamic Daily Meal Vanilla
- 1 Scoop Dynamic Brain Restore Powder
- 1 tsp Omega Pure EPA-DHA 2400
- 1/4 tsp UltraBiotic Daily Powder
- 1 Drop Micellized D3
- 1/2 Cup Frozen Berries
- 1 Small Banana
- 5 oz Plant Based Milk
- 5 oz Water
- Ice Cubes

Chocolate Detox

Ingredients:

- 1 Scoop Dynamic Detox Chocolate
- 1 Scoop NutriDyn Fruits & Greens Chocolate
- 1/4 Tsp UltraBiotic Daily Powder
- 1 Drop Micellized D3
- 1 Small Banana
- 5 oz Plant Based Milk
- 5 oz Water
- Ice Cubes
- Nut Butter

Healthy Caramel Macchiato

Ingredients:

- 1 Scoop Dynamic Hormone Balance Caramel Macchiato
- 1 Scoop NutriDyn Fruits & Greens Espresso
- 1/4 Tsp UltraBiotic Daily Powder
- 1 Drop Micellized D3
- 1 Small Banana
- 5 oz Plant Based Milk
- 5 oz Water
- Ice Cubes

Strawberry Detox

Ingredients:

- 1 Scoop Dynamic Detox Vanilla
- 1 Scoop NutriDyn Fruits & Greens Strawberry-Kiwi
- 1/4 Tsp UltraBiotic Daily Powder
- 1 Drop Micellized D3
- 1/2 Cup Frozen Berries
- 1 Small Banana
- 5 oz Plant Based Milk
- 5 oz Water
- Ice Cubes