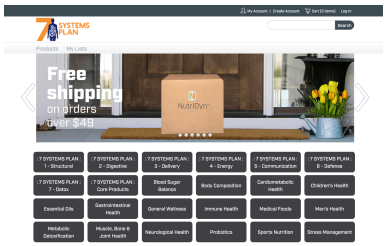
Structural System
Functional Foods & Vitamins

Click the links below to order your Functional Foods and Vitamins today!

7 Systems Online Store

7 Systems Plan Online Store	
Click Here to go to our online store: https://7SystemsPlan.nutridyn.com/ Benefits • Free Shipping on Orders Over $49 • Each System is Categorized • All NutriDyn formulas meet or exceed cGMP quality standards.	

Functional Food

The product I use to support the Structural System is **Dynamic Daily Meal**. This is my favorite meal replacement to help people with weight problems. It is a nutritious protein drink with powerful 24 vitamins/minerals as well as branch chain amino acids (BCAAs) to make muscle. **Dynamic Daily Meal** is formulated to nutritionally support a healthy body composition (fat, muscle, and bone).

Dynamic Daily Meal	Comprehensive Nutritional Formula for Overall Health and Well-Being◆
	Key benefits and quality differences of Dynamic Daily Meal include: • Supports healthy body composition◆ • Promotes muscle protein synthesis◆ • Supports healthy metabolic function◆ • Supports healthy vascular function◆ • Supports overall health and well-being◆ More Information | Buy Now

Nutritional Support for All Adults

The daily dose of **Essential Multi** takes you beyond basic wellness support. It has a proprietary blend of concentrated extracts and phytonutrients with scientifically tested biological activity to protect your cells and maintain DNA stability – activating your health potential like no other supplement.

Essential Multi	Comprehensive Micronutrient Support for Health and Longevity◆
	Clinical research suggests the benefits of Essential Multi supplementation may include: • Supports cognitive function and mood◆ • Provides antioxidants to help support oxidative stress◆ • Supports vibrant, healthy skin◆ • Supports energy production and vitality◆ • Supports healthy immune function◆ • Supports healthy gastrointestinal function◆ More Information | Buy Now

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D3 10,000 with K2 provides ultraconcentrated levels of vitamin D3 designed to quickly replenish vitamin D status. This formula also provides active forms of vitamin K to complement the activity of vitamin D. Take a minimum of one per week and a maximum of three per week (have a lab test to check your levels; stay at 50 ng/ml).

D3 10,000 with K2	High-Potency, Bioavailable Vitamin D Plus Vitamin K
	Given the importance of adequate vitamin D levels in the body and many people's lack of exposure to direct sunlight, D3 10,000 with K2 supplementation can help users in a variety of ways. The most relevant researched-backed benefits derived from consumption of vitamin D3 and K2 include: • Supports cardiovascular function◆ • Supports healthy mood and stress levels◆ • Supports bone and skin tissues◆ • Supports immune function◆ More Information | Buy Now

Omega Pure EPA-DHA 1000 - Take a minimum of 2,000 mg of 4,000 mg per day is ideal. This supplement offers advanced support for cardiovascular, immune, and joint health.

Omega Pure EPA-DHA 1000	Omega-3 Support for Cardiovascular, Immune, Musculoskeletal, Skin, & Cognitive Function◆
	Given an extensive body of clinical research has demonstrated the efficacy of supplemental EPA and DHA for: • Healthy cardiovascular function◆ • Healthy Immune function◆ • Musculoskeletal support◆ • Promote Skin vitality◆ • Cognitive support◆ • EuroFins batch tested for over 450 potential contaminants◆ • Triglyceride form More Information | Buy Now

UltraBiotic Integrity is designed to help support body weight regulation by delivering targeted probiotic support as Bifidobacterium lactis B-420, which has been shown to help control body fat and body weight. Take this daily (on an empty stomach).

UltraBiotic Integrity	Targeted Probiotic Support for Gastrointestinal Integrity◆
	UltraBiotic Integrity provides 10 billion colony-forming units (CFU) of *Bifidobacterium lactis* B-420™ per serving for proper efficacy. Research suggests that the benefits of UltraBiotic Integrity may include: • Supports gastrointestinal integrity◆ • Promotes healthy inflammatory processes◆ • Supports healthy body weight◆ • Supports a healthy immune response◆ • Supports digestive function and nutrient absorption◆ More Information | Buy Now

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UltraBiotic Daily Multi-Strain provides multidimensional support for both the upper and lower GI tract for digestive and immune health. This concentrated formula supplies a proprietary blend of seven beneficial probiotic strains.

UltraBiotic Daily Multi-Strain	Multi-Strain Probiotic Blend for a Healthy Gut Microbiome◆
	Clinical research continues to demonstrate the proclivity of the probiotics in UltraBiotic Daily Multi-Strain to support a healthy human gastrointestinal (GI) tract and gut flora.◆ These are some most embraced probiotic strains for human wellness, with clinical evidence suggesting these beneficial microorganisms may: Support a healthy gut microbiome◆ Aid macronutrient and micronutrient digestion◆ Support a healthy inflammatory response◆ Support healthy immune function◆ Promote healthy bowel function◆ More Information | Buy Now